

CVD Risk Assessment

SYMPTOMS	Yes	No
Does the patient feel short of breath with activity?		
Does the patient feel short of breath when lying down?		
Does the patient have palpitations? (feel like their heart races or is pounding?)		
Does the patient have dizziness or feel lightheaded?		
Does the patient have rapid respirations? (breathe faster than normal?)		
If the patient has asthma, is it unresponsive to therapy?		
Does the patient have a persistent cough?		
Does the patient have chest pain?		
TOTAL		
VITAL SIGNS	Yes	No
Is the resting Heart Rate 110 or more?		
Is the Systolic Blood Pressure 140 or more?		
Are the Respirations 24 or more?		
Is the Oxygen Saturation 96% or LESS?		
TOTAL		
RISK FACTORS	Yes	No
Is the patient 40 years or older?		
Does the patient identify as African American?		
Is your pre-pregnancy BMI more than 35?		
Does the patient have pre-existing Diabetes? (before pregnancy)		
Does the patient have Hypertension?		
Does the patient have a history of having Chemotherapy?		
Does the patient have a history of Use/Abuse of Nicotine, Alcohol, Methamphetamines, or Cocaine?		
TOTAL		
TOTAL NUMBER OF YES	_____	

* If there is at least **1 YES** in **EACH** of the 3 categories **OR** A total of **4 or more YES** in **ANY COMBINATION** = **POSITIVE CVD RISK** (see right)

Date Screen Completed? _____

Positive Screen? ____YES ____NO

Red Flag SYMPTOMS	Yes	No
Does the patient feel short of breath at rest?		
Does the patient sleep with 4 or more pillows/in a recliner due to SOB/difficulty breathing?		
Red Flag VITAL SIGNS	Yes	No
Is the resting Heart Rate 120 or more?		
Is the Systolic Blood Pressure 160 or more?		
Are the Respirations 30 or more?		
Is the Oxygen Saturation 94% or LESS?		

* **ANY** Red Flag = **POSITIVE CVD RISK** (see below)

If **POSITIVE RED FLAGS**:

1. Notify OB Provider
2. Prompt evaluation and/or hospitalization
3. Consult MFM/Cardiology

PHYSICAL EXAM	Yes	No
Basilar Crackles in Lungs Present?		
LOUD Heart Murmur Present?		

* **ANY** Physical Exam Finding = **POSITIVE CVD RISK** (see below)

If **POSITIVE CVD RISK**:

1. Obtain BNP and EKG
2. Obtain MFM/Cardiology consult
3. Notify OB Provider

Patient Sticker

